

Intradermal Skin Testing Protocol

We are pleased to announce that Montana Veterinary Specialists & General Care now offers Intradermal Skin Testing. After months of research, including advice from experts at Montana State University and a local allergy M.D., we have developed a panel of 32 aeroallergens that we believe adequately represents the most common trees, grasses, weeds, molds, insects, and household irritants in Montana.

The anticipated protocol will be as follows: Dr. Dana Liska will meet with your client at the first available morning appointment. After a thorough exam and review of patient history, Dr. Liska will present the owner with options for further allergy investigation. The estimated cost for sedation and IDST is \$185, the exam is \$45, and any other services/procedures will be additional.

To help optimize your client's visit, we would appreciate it if you would:

- Mail/fax/e-mail the pertinent medical history prior to patient arrival.
- Have the owner fast the pet in case sedation/anesthesia is necessary.
- Prepare the owner that they will need to leave the pet in our care until early afternoon so that we may complete any diagnostics.
- Insure that the animal is not currently on glucocorticoid or antihistamine therapy - please see drug withdrawal times below

*Oral prednisone, prednisolone, or methylprednisolone at or less than 0.25mg/kg Q.O.D. is 14-21 days.

*Same drugs at greater than 0.25 mg/kg Q.O.D. is 30-45 days.

*Oral triamcinolone or dexamethasone given Q.D. is 45-60 days.

*Injectable triamcinolone (vetalog) is 60 days.

*Injectable Depo-Medrol is 60-90 days.

*Topical steroids (eye, ear, skin) 21-30 days.

*Antihistamines, preferably 14 days.

Keep in mind that the length of time the animal has been on the specific therapy or the number of injections the animal has had in a row affects these schedules. The longer the duration of use, the longer the withdrawal time will be. Please call us with any questions.

If you have any questions regarding a specific referral or intradermal skin testing in general, please do not hesitate to contact Dr. Liska.